

What is the relationship between glycemic index or glycemic load and cardiovascular disease? (DGAC 2010)

Conclusion

Due to limited evidence, no conclusion can be drawn to assess the relationship between either glycemic index or load and cardiovascular disease.

Grade: Limited

Overall strength of the available supporting evidence: Strong; Moderate; Limited; Expert Opinion Only; Grade not assignable For additional information regarding how to interpret grades [click here](#).

Evidence Summaries

What is the evidence that supports this conclusion? For more information, click on the Evidence Summary link below.

 [What is the relationship between glycemic index or glycemic load and cardiovascular disease?](#)

Search Plan and Results

What were the search parameters and selection criteria used to identify literature to answer this question? For more information, click on the Search Plan and Results link below.

[What is the relationship between glycemic index or glycemic load and incidence of type 2 diabetes, cardiovascular disease and cancer?](#)